

KOMMETJIE PRIMARY SCHOOL

SCHOOL SPORT POLICY

Aim of the Sport Policy:

- ❖ To ensure that all learners acquire the relevant values, knowledge and skills needed to participate in sport
 - ❖ To ensure that every learner partakes at least in one sporting code during the course of the academic year
 - ❖ To ensure that school sport is played by all to gain maximum FUN and enjoyment from it
 - ❖ To ensure that the needs of the learner (athlete) is placed above winning
 - ❖ To ensure that all stake-holders work in the interest of developing good sportsmanship and teamwork
 - ❖ To ensure that all learners become active and strive towards developing the skills needed for a healthy lifestyle
 - ❖ To ensure that all stake-holders understand their respective roles in dealing with sport at KPS
 - ❖ To ensure the striving towards excellence for all concerned
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Team selection:

- ❖ All team selections is done by the appointed coach/teacher
 - ❖ The coach will be appointed by the school
 - ❖ Selections will be done to provide all players with an opportunity to play irrespective of their skill level. Mass participation is encouraged.
 - ❖ The following criteria will be applicable when selecting a team:
 - a. Attendance record
 - b. Wearing the proper practice attire
 - c. Displaying good behaviour at all practices
 - ❖ Where a team consists of two age groups due to a shortage of numbers a rotational system will be in place. The coach and the players will decide on the rules of engagement, e.g. substitutes, starting line-up, etc. Fairness must be the priority.
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Practice sessions:

- ❖ The coach will arrive 15 minutes before the start of each session to set up
- ❖ All learners must be ready to practice 5 minutes before the start of each session
- ❖ Late-comers will be dealt with at the end of the practice session. Habitual late-comers will stand the chance of not being eligible for selection.
- ❖ Learners must wear the proper practice kit. The only exception will be made in respect of wearing coloured socks that is not part of the school's practice kit, e.g. soccer.
- ❖ Practice sessions will be structured around team and individual needs as identified by the coach. All sessions must be developmental.

- ❖ The coach is solely responsible for all coaching sessions. A parent/guardian wanting to assist must get approval from the school principal. The parent/guardian's availability and commitment will determine his/hers appointment.
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Communication:

- ❖ A person appointed by the school will be responsible for all sport communication, e.g. team lists, cancelation of fixtures, etc.
 - ❖ This person will be available until 12:30 Monday-Friday for all sporting related enquiries, complaints, feedback, etc.
 - ❖ NO coaches will be directly responsible for communicating with parents/guardians
 - ❖ All fixtures will be sent via email to all parents/guardians at the start of the season
 - ❖ All fixtures will also be posted on the school's website at the start of each season
 - ❖ NO learner will receive a hard copy of his/her fixtures
 - ❖ Fixtures will be displayed on the display boards throughout the school
 - ❖ Team lists will be communicated to all parents in an age group at least 48 hours before the match
 - ❖ Cancelation of fixtures due to bad weather, etc. will be done on the day of the event by at least 12:30. If no communication is received from the school by 12:30 then we will assume that the fixture will take place. In an emergency situation parents will receive an sms. This can be sent 30 minutes before the event is scheduled to take place.
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Weather Policy:

- ❖ In the event of inclement weather, the coach will consult with the Head of Sport to cancel the organized practice/matches on that day.
- ❖ For Junior Phase Activities: Inform the parents by 12:30
- ❖ For Senior Phase Activities: Inform the parents by 13:30
- ❖ The changes of the Sport Programme for that day are recorded on the telephone system

Wet Weather:

- ❖ If there will no longer be any educational value to continue with outside activities due to rain, wet fields or courts, the activities should be cancelled.
- ❖ If it is raining at the above time, and the forecast predicts continued rain for the afternoon, cancel activity.
- ❖ If intermittent showers are present and the forecast predicts that periods of clearing could be experienced, the activity should continue.
- ❖ If the fields and courts are not suitable for use due to excessive water on them, the activity should be cancelled.

Hot Weather:

- ❖ No activity should merely be cancelled due to excessive heat.

- ❖ Preventative measures should be taken to avoid excessive exhaustion and dehydration.
 - ❖ The wearing of caps / hats, sunscreen and regular drinking of water together with periods of rest in shady places must be encouraged.
 - ❖ If the humidity level is so high that unnatural dehydration is possible, the activity must be cancelled.
 - ❖ In the event where an activity is cancelled, where reasonably possible the coach will provide an alternative venue to keep the learners occupied until collection time. Other forms of preparation for an activity should also be considered instead of simply cancelling an activity.
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Transport to all sporting events:

- ❖ NO coach/TA's must transport any learner to a sporting event without the consent of the principal
 - ❖ Coaches must make sure that all players are accounted for when traveling to and from a sporting event. They must be the last to leave.
 - ❖ Parents/guardians will be the main transport provider. They (parents/guardians) must adhere to the safety regulations pertaining to transporting of our learners. WCED policy, e.g. valid license, car road worthiness, seatbelts, etc.
 - ❖ In the event that parents/guardians are not able to lift the school will provide alternative transport through a reputable taxi operator, e.g. Noordhoek Taxi's for events close to the school.. Parents/guardians must inform the school timeously so that alternative arrangements can be made.
 - ❖ In the event of an athletics meeting, swimming gala, etc. the school will acquire the services of a reputable bus company, e.g. Elwierda
 - ❖ All players must congregate on the grass patch outside Dian's office when playing away fixtures. NO gatherings must take place inside the school foyer.
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Awards:

- ❖ The following awards will be offered at the end of each academic year for all age groups:
 - a. Player of the year
 - b. Most improved player
 - c. Principal's award
- ❖ The following criteria will be used for the categories mentioned above:
 - a. Player of the year-
The player must adhere to the player code of behaviour at all times
The player must adhere to the team selection criteria as mentioned above
The player must be the most skilled player during the course of the season
 - b. Most improved player-
The player must adhere to the player code of behaviour at all times

The player must adhere to the team selection criteria as mentioned above
The player must have shown some skill improvement

c. The Principal's award –

This award is issued to a player that represents the province in any school related sporting activity

This will be subjected to all the rules and codes mentioned above

- ❖ These selections/nominees are made in conjunction with the coach and the head of sport
 - ❖ NO nominees/selections will be open for debate. The final decision lies with the coach and the head of sport
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Affirmation opportunities:

- ❖ The player of the match award will be issued to a player that makes any form of contribution to the team in a positive manner
- ❖ The award is not necessarily for the 'best' player on the day

Player code of behaviour:

- ❖ Play by the rules
 - ❖ Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition
 - ❖ Control your temper. Verbal abuse of officials and sledging other players, deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any sport.
 - ❖ Work equally hard for yourself and/or your team. Your team's performance will benefit, so will you
 - ❖ Be a good sport. Applaud all good plays whether they are made by your team or the opposition
 - ❖ Treat all participants in your sport as you like to be treated. Do not bully or take unfair advantage of another competitor.
 - ❖ Cooperate with your coach, team-mates and opponents. Without them there would be no competition.
 - ❖ Participate for your own enjoyment and benefit, not just to please parents and coaches.
 - ❖ Respects the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
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Parent code of behaviour:

- ❖ Remember that children participate in sport for their enjoyment.
- ❖ Encourage children to participate, do not force them.
- ❖ Focus on the child's efforts and performance rather than winning or losing.
- ❖ Encourage children always to play according to the rules and settle disagreements without resorting to hostility or violence.

- ❖ Never ridicule or yell at a child for making a mistake or losing a competition.
 - ❖ Remember that children learn by best example.
 - ❖ Appreciate good performances and skilful plays by all participants.
 - ❖ Support all efforts to remove verbal and physical abuse from sporting activities.
 - ❖ Respect officials' decisions and teach children to do likewise.
 - ❖ Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.
 - ❖ Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion
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Coaches code of behaviour:

- ❖ Remember that young people participate for pleasure and winning is only part of the fun.
 - ❖ Never ridicule or yell at a young player for making a mistake or not coming first.
 - ❖ Be reasonable in your demands on players' time, energy and enthusiasm.
 - ❖ Operate within the rules and spirit of your sport and teach your players to do the same.
 - ❖ Ensure that the time players spend with you is a positive experience. All young people are deserving of equal attention and opportunities.
 - ❖ Avoid overplaying the talented players; the just average need and deserve equal time.
 - ❖ Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
 - ❖ Display control, respect and professionalism to all involved with the sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage players to do the same.
 - ❖ Show concern and caution toward sick and injured players. Follow the advice of physician when determining whether an injured player is ready to recommence training or competition.
 - ❖ Obtain appropriate qualification and keep up to date with the latest coaching practices and the principles of growth and development of young people.
 - ❖ Any physical contact with a young person should be appropriate to the situation and necessary for the player's skill development.
 - ❖ Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
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Teacher's/TA's code of behaviour:

- ❖ Encourage young people to develop basic skills in a variety of sports and discourage overspecialisation in one event, sport or playing position.
- ❖ Create opportunities to teach appropriate sports behaviour as well as basic skills.
- ❖ Give priority to free play activities, skill learning and modified sports over highly structured competition for primary school children.

- ❖ Prepare young people for intra and inter school competition by teaching them basic sport skills.
 - ❖ Make young people aware of the positive benefits of participation in sporting activities.
 - ❖ Keep up to date with coaching practices and the principles of physical growth and development.
 - ❖ Read and use the latest coaching and teaching resources for junior sport.
 - ❖ Help young people understand the differences between the junior competition they participate in and professional sport.
 - ❖ Help young people understand that playing by the rules is their responsibility.
 - ❖ Give all young people equal opportunities to participate in administration, coaching and refereeing as well as playing.
 - ❖ Support implementation of the National Junior Sport Policy.
 - ❖ Respect the rights, dignity and worth of every young person regardless of their gender, ability cultural background or religion
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Officials code of behaviour:

- ❖ Modify rules and regulations to match the skill levels and need of young people.
 - ❖ Compliment and encourage all participants.
 - ❖ Be consistent, objective and courteous when making decisions.
 - ❖ Condemn unsporting behaviour and promote respect for all opponents.
 - ❖ Emphasise the spirit of the game rather than the errors.
 - ❖ Encourage and promote rule changes which will make participation more enjoyable.
 - ❖ Be a good sport yourself. Actions speak louder than words.
 - ❖ Keep up to date with the latest trends in officiating and the principles of growth and development of young people.
 - ❖ Remember, you set an example. Your behaviour and comments should be positive and supportive.
 - ❖ Place the safety and welfare of the participants above all else.
 - ❖ Give all young people a 'fair go' regardless of their gender, ability, cultural background or religion.
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Spectators' code of behaviour:

- ❖ Remember that young people participate in sport for their enjoyment and benefit, not yours.
- ❖ Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the game's outcome.
- ❖ Respect the decisions of officials and teach young people to do the same.
- ❖ Never ridicule or scold a young player for making a mistake. Positive comments are motivational.
- ❖ Condemn the use of violence in any form, whether it is by spectators, coaches, officials or players.

- ❖ Show respect for your team's opponents. Without them there would be no game.
 - ❖ Encourage players to follow the rules and the officials' decisions.
 - ❖ Do not use foul language, sledge or harass players, coaches or officials.
 - ❖ Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
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Sun Protection:

- ❖ To ensure awareness of the dangers of exposure to the sun and the need for protective measures.
- ❖ To ensure positive attitudes and responsible behaviours towards skin protection.
- ❖ To ensure the wearing of hats/caps when in the sun
- ❖ To encourage the use of sun block
- ❖ To encourage the use of available shade areas whenever possible when not active